

Lesson 6

Chapter 3 - *The Blessed Man* (Continued)

1. a) Now we're told that the blessed man *meditates day and night* on Scripture. Does this mean that he thought about Scripture every waking moment *day and night*? How would you explain *day and night* meditation?

b) Do you think that meditation of this magnitude characterizes the experience of the average Christian? What portion of the day do you spend thinking and meditating on it? Have you found that merely reading or even studying Scripture supports such a level of meditation?

c) As an exercise, try doing as the author did. Pick a quiet moment, perhaps when you are in bed, and meditate on Scriptures you have memorized. Note the length of time involved.

2. Again contemplating *day and night* meditation, explain how *meditation* fits into the process of memorizing Scripture?

3. a) What significant characteristics can you list about a stalwart tree as the one in verse 3?

b) According to verse 2 where do the roots of this tree lie? What, therefore would be the first steps to be taken by one wishing to be a "stalwart tree" for the Lord?

4. a) *Whatever he does, prospers.* If the blessed man's greatest delight is memorizing, delighting in and meditating on Scripture — and applying it to his every day life, what prosperity would he seek? (secular or spiritual?) After reviewing the verses given in *The Sword*, (and any others you may be familiar with) contemplate the contrast between temporal and eternal rewards.

b) According to what the Lord emphasizes in this psalm, where is a good place to start to sharpen our focus on eternal wealth?

5. I could think of only four ways for Scripture to penetrate our soul, our thinking process and our life. They are listed 1, 2, 3, and 4 below. Referring to the last time you were involved in these activities classify your response on a scale of 1 to 10, (one being the lowest evaluation and 10 being the highest) in the three categories given a, b, and c.

- a) how long was it retained in your memory?
- b) how long did you spend meditating on it?
- c) what lasting effect did it have on your overall spiritual well being?

- 1. Hearing Scripture read a. _____ b. _____ c. _____
- 2. Reading Scripture a. _____ b. _____ c. _____
- 3. Studying Scripture a. _____ b. _____ c. _____
- 4. Memorizing Scripture a. _____ b. _____ c. _____

(If you have not yet begun to memorize, and cannot speak from personal experience, some of your answers here would have to be "guesstimates" based on Scripture and what you have learned in this course.)

6. How do you view the idea of memorizing Scripture? Do you approach it with delight and a reverent awe that these are words and thoughts that the Almighty God of the Universe has given to you, yes you, to hide in the most intimate part of your being; to become part of you; to give you the opportunity to *know Him* and experience Him in new and exciting ways? (It is not necessary to write out your answer, just spend a few moments with the Lord examining your heart and sharing your thoughts with Him. Ask Him to give you a heart of gratitude and love for this great and wonderful gift He has given us.)